

THE WEALTH MINDSET BLUEPRINT

WELCOME

***TO YOUR DAY TWO
WORKBOOK!***



Welcome to your Workbook!

This workbook is designed to help you apply what you learned today. Take time to reflect and work through each exercise to deepen your understanding and start making tangible progress towards your financial goals.

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Introduction and Recap

01

Welcome to Day 2 of the [THE WEALTH MINDSET BLUEPRINT](#). Today, we build on the foundational mindset shifts and SMART goals created during Day 1 by implementing the 12-Week Year Plan. This structured framework ensures you make consistent progress towards your financial objectives.

Key focus areas for Day 2 include:

- Implementing the 12-Week Year Plan to create urgency.
- Leveraging the Three Pillars of Wealth-Building.
- Tracking your weekly and daily progress to stay accountable.

The Three Pillars of Wealth-Building

02

The [Three Pillars of Wealth-Building](#) form the foundation for your financial success over the next 12 weeks. Reflect on these pillars and identify actions you can take to build momentum.

What's one big goal you want to accomplish in the next 12 weeks?

Write it below:

Goal: _____

Break this goal into smaller milestones for each week. Write down your weekly targets:

Week 1 Milestone: _____

Week 2 Milestone: _____

Week 3 Milestone: _____

Week 4 Milestone: _____

03. 12-Week Year Plan

Build an Investment Foundation: Identify an investment you'll start or explore during the next 12 weeks.

Example: Research multifamily real estate or start contributing to a low-cost index fund.

Your Action: _____

Protect Your Progress: Set a goal for building or expanding your emergency fund.

Example: Save \$300 weekly to create a one-month emergency fund.

Your Goal: _____

Accelerate Wealth with Multiple Income Streams: Choose one source of passive income to develop.

Example: Start a freelance side hustle or research dividend-paying stocks.

04. Weekly Action Steps & Daily Progress Tracker

Use this section to plan your weekly and daily actions that align with your 12-week goals.

Weekly Action Steps Example:

- Save \$250 toward the emergency fund.
- Research low-cost index funds for 2 hours.

Your Weekly Steps: _____

Your Weekly Steps: _____

Daily Progress Tracker Example:

- Skip takeout and save \$20 toward your fund.
- Spend 30 minutes reading about investment options.

Your Daily Action: _____

Your Daily Action: _____

05. Accountability & Tracking Progress

Use the tools below to stay consistent and ensure progress towards your goals.

Weekly Reflection Questions:

- What went well this week?
- What challenges did you face?
- What adjustments will you make next week?

Accountability Partner:

- Name: _____
- Contact Info: _____
- Weekly Check-In Day: _____

06. Reflection & Growth Insights

At the end of 12 weeks, take some time to reflect on your journey and progress.

Weekly Reflection Questions:

- What was your biggest achievement? _____
- What challenges did you overcome? _____
- What's your next big focus for the next 12 weeks?

07 Resources and Support

Access Your 12-Week Goal Tracker: To make tracking your 12-week goals easier, we've provided an interactive Google Sheet that you can use to plan, track, and adjust your progress. This tool is designed to help you stay organized and accountable.

How to Use the Goal Tracker:

- Scan the QR code below to access the 12-Week Goal Tracker.
- Make a copy of the Google Sheet to edit and customize it for your goals.
- Use the sheet to log your weekly milestones and daily actions.
- Reflect on your progress weekly and make adjustments as needed.

Scan QR CODE



12-Week Year Planner

Complimentary Strategy Session: Schedule a session to refine your goals and create a personalized action plan.

Your Commitment Statement:

I, _____, commit to taking consistent action toward my 12-week financial goals. I will track my progress, make adjustments when needed, and celebrate each success.

Signature:



Schedule a call